



The Zapper

Model ZHC3 Manual

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WELCOME TO SOTA

Thank you for allowing us to be a part of your wellness team.

The Zapper is a consumer product designed to be used as part of a Wellness Lifestyle. A commitment to healthy lifestyle choices is an important factor in the journey to Wellness.

The SOTA Zapper outputs a range of harmonic frequencies that work with the body's natural electricity for more energy, general health and well-being.

The Zapper is designed to be used independently, but can also be used together with any of the SOTA Products.

With proper care, your Zapper should provide you many years of trouble-free use. Please understand that results will vary.

BEFORE USING

Please read the manual thoroughly before using your Zapper.

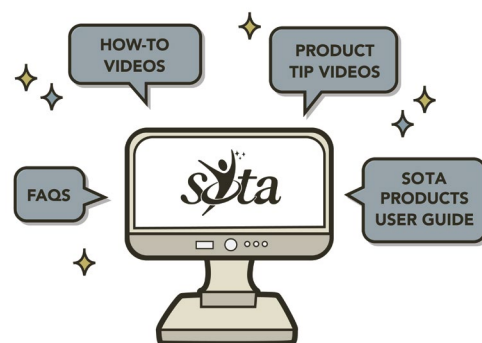
We have made every effort to ensure the information in your manual is up-to-date at the time of printing ... since that time however, new information may have become available. For the most up-to-date manual, please contact us at info@sota.com.

LEARN MORE

To learn more about the SOTA Products we invite you to visit the SOTA website:

www.sota.com

The website offers Videos, Frequently Asked Questions, *The SOTA Products User Guide*, SOTA News ... and more.



COMPLETE UNIT INCLUDES

- One (1) Zapper Unit
- One (1) 9-Volt Alkaline battery
- One (1) Product Manual

COPPER PIPE OPTION

- Two (2) Copper Pipes
- Two (2) pair of Cotton Sleeves
- One (1) Cord with Alligator Clips

CONDUCTIVE WRIST STRAPS OPTION

- Two (2) Conductive Wrist Straps
- One (1) Cord with Dome Snaps

DO NOT USE

1. Do not use in the following situations as safety has not been explored:
 - a. In the case of pregnancy.
 - b. With an active implanted device such as a pacemaker, etc.
2. As with all electrical products do not use near water, when driving a car or when operating heavy equipment.

CAUTIONS

1. While this technology is generally considered safe, there exists potential for rare individual reactions that cannot reasonably be foreseen. Therefore, your use of the SOTA Products constitutes your agreement that you are responsible for your decision to use the technology and that you hold SOTA harmless for any injuries or damage believed to arise from using the SOTA Products.

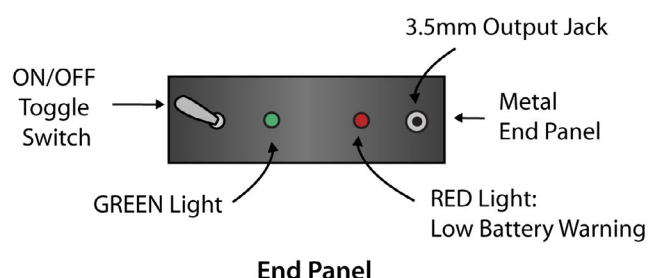
SUMMARY OF LIGHTS

GREEN: Indicates the unit is ON.

RED: Indicates the battery is low and will soon need replacing.

HOW TO USE THE ZAPPER

1. Place the 9-Volt Alkaline battery in the unit.
 - a. On the back of the unit, slide off the battery cover.
 - b. Clip the battery connections in the battery compartment to the 9-Volt Alkaline battery terminals.
 - c. Slide the 9-Volt Alkaline battery into the case and push down. Slide the cover back onto the unit.



COPPER PIPE OPTION

2. Wash hands to eliminate skin oils. This will allow for better conductivity.
3. Insert the Alligator Clip cord into the unit.
4. Slip a Cotton Sleeve over each Copper Pipe.
5. Wet the Cotton Sleeves.
6. Attach one Alligator Clip to the end of each Copper Pipe.
7. Move the toggle switch to the ON position.

The GREEN light on the end panel will turn on. This indicates the unit is functioning correctly.

8. Hold one Covered Copper Pipe with each hand.
9. When finished, move the toggle switch to the OFF position.

CONDUCTIVE WRIST STRAP OPTION

2. Clean both wrists to eliminate skin oils. This will allow for better conductivity.
3. Insert the Dome Cord into the unit.
4. Wet the Conductive Wrist Straps with water.
5. Attach the snap ends of the Dome Cord to each wrist strap.
6. Slide each Wrist Strap over the hand and into place on the wrist. Tighten each Wrist Strap to fit snugly.
7. Move the toggle switch to the ON position.

The GREEN light on the end panel will turn on. This indicates the unit is functioning correctly.

8. When finished, move the toggle switch to the OFF position.

Notes:

Low Battery Warning: The RED light comes on when the battery is low. This means the battery will soon need to be replaced.

HOW IT SHOULD FEEL

Most individuals will not feel any sensation while using the Zapper.

Sensitive skin: During the first weeks of use with the Conductive Wrist Straps, the skin may become irritated. Over time, irritation usually decreases or disappears. Apply a healing lotion after use if the wrists become irritated.

TYPICAL USE

Length of Session: It is best to build up the length of time slowly. Daily use varies from three 7-minute sessions with a 20-minute break between each session to operating continuously for 61 minutes.

Length of Use: Frequencies are most effective if applied daily or twice daily. Daily use for many weeks is more important for results than using occasionally for a longer period.

Drink plenty of water: It is important to drink enough water when using the unit. Drinking ozonated water is especially helpful.

Maintenance schedule: Ongoing use may be beneficial. Suggestions for a maintenance schedule are a) once or twice weekly, b) one week per month, or c) 4 weeks every six months.

ELECTRICAL SPECIFICATIONS

POWER REQUIREMENTS

Use a 9-Volt Alkaline battery for proper operation.

OPTIONAL POWER INPUT

The Zapper can also be operated using NiMH rechargeable batteries. When purchasing rechargeable batteries, it is suggested to take the unit with you to ensure the batteries will fit the enclosure.

OUTPUT SPECIFICATIONS

The output voltage is 9 Volts DC peak.

Maximum current through a short circuit is 9 mA.

Waveform is a 50% Duty Cycle Square Wave.

REPLACEMENT ACCESSORIES

To replace your accessories, please contact your supplier.

WARRANTY

The Zapper Model ZHC3 is covered by a three (3) year limited warranty. Please keep proof of purchase. Warranty is void if the failure is due to abuse or negligence. SOTA reserves the right to make changes to the Zapper without obligation.

REPAIRS

Please contact your supplier for return instructions. For information about your closest repair depot, contact repairs@sota.com or call 1.250.770.2023 or 1.800.224.0242 (toll-free in Canada & USA).

Designed, Engineered and Made in Canada.

• The SOTA units are consumer products designed to be used as part of a Wellness Lifestyle • The SOTA units are not medical devices nor are they intended to diagnose, treat or cure any medical or health condition • The use, safety or effectiveness of the SOTA units has not been approved by any government agency • Please consult a health practitioner for any medical or health condition • Results using the SOTA Products will vary for each person • Please note that all purchases of SOTA Products are deemed to be made in Penticton, BC, Canada •