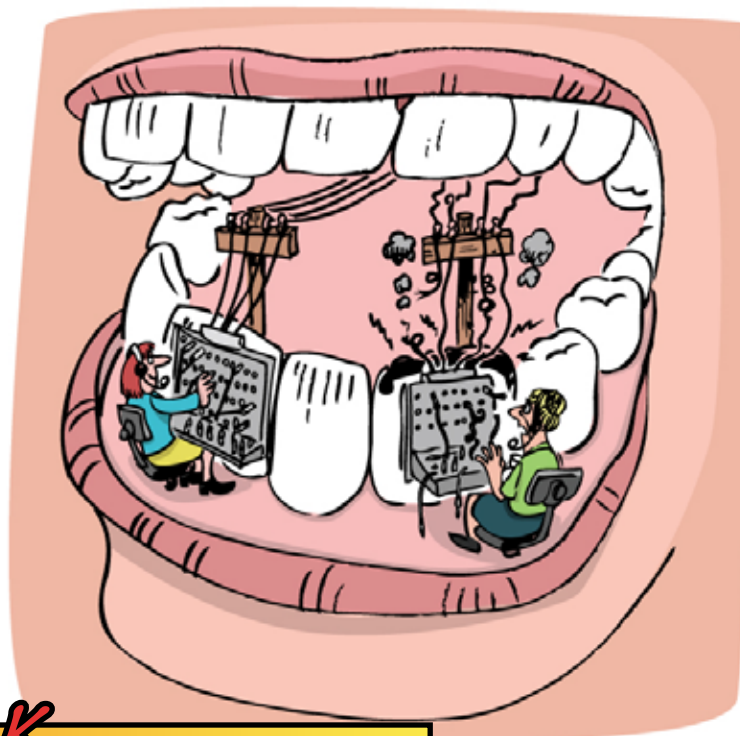




AN EARLY WARNING SYSTEM

Now that we've explored more waste removal systems and other work cells do in the kidneys and skin, let's explore how one of our early warning systems—the meridian system—swiftly and silently affects us cells. Later, we'll check out how other communication systems such as the nervous system and potent chemical messengers work with us. These systems determine what nutrients we absorb, how we use what we do absorb and whether we can work as a team so the body can heal itself. Whether Human is depressed or joyful, fearful or courageous, envious or grateful and angry or loving depends on the health of these communication systems. In addition to emotions, these systems affect Human's mental state—whether thinking clearly or confused, and all Human's physical functions—growth, energy, temperature, immunity, sleep/wake cycle and sexual desire.

We'll check out the meridian system first. The meridian system is an invisible network but us cells know it is here.



KEEPING THE LINES CLEAR

Human's meridian system is a key to deliver the energy of the Life Force to us. Cells at select points on the skin more readily absorb the frequencies of both light and sound. They pass along these electromagnetic frequencies or vibrations to the rest of us through the meridians. Meridians hum with life-giving electromagnetic frequencies—a flow of energy that reaches deep within Human's body.

As the skin cells in the specially sensitive areas absorb the frequencies of light and sound, they are dispersed instantly along the meridians to reach throughout Human's body. For

example, cells that maintain the function of Human's liver are fed these electromagnetic frequencies by the meridians that flow through the liver. Each of us loves this flow of energy. In fact, we thrive when we're fed by the frequencies flowing along the meridians.

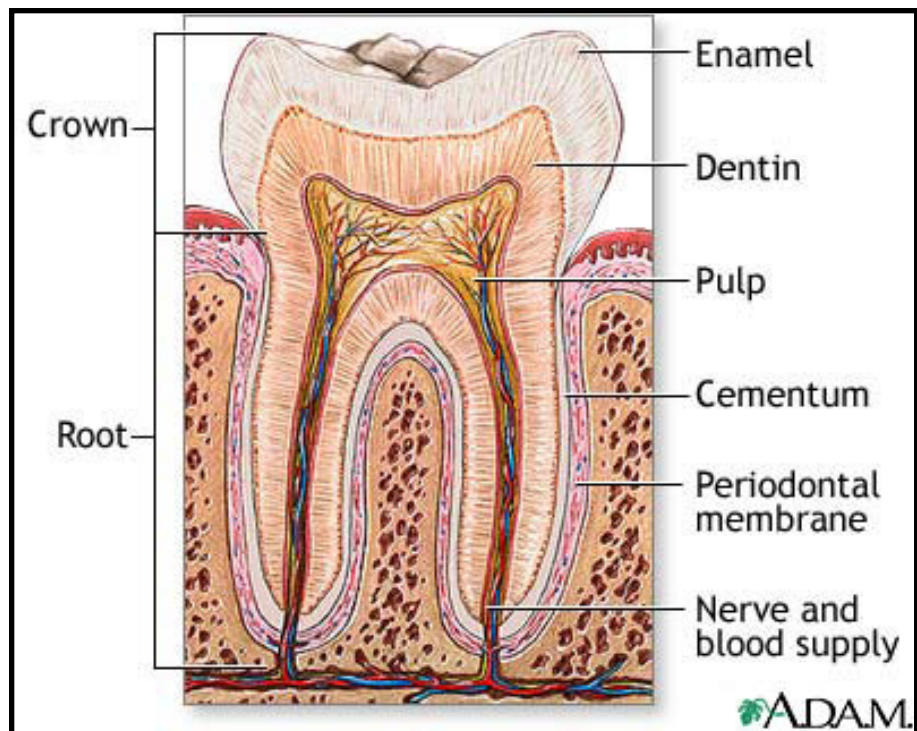
Human becomes more aware of our subtle and invisible communication systems when interacting with others. For example, when entering a room, Human can feel the invisible vibrations emanating from those in the room. If there has been dissension among those in the room, Human is quick to feel those vibrations and knows there is disagreement. This is true with even one angry person, as without seeing the face, Human will know there is a problem. If there is harmony or feelings of goodwill and enjoyment, Human will feel that too.

Meridians flow through every tooth connecting to specific organs and areas of the body. Human's mouth, or more specifically, the teeth and jaws are a central switching station that relay messages everywhere

in Human's body. Teeth and jaw cells have a special responsibility to care for the body's energy flows. Guess what happens if tooth cells aren't in great shape? The vital energy flow through a specific meridian gets blocked and cells in directly connected areas of Human's body start to suffer.

Human had infection in the teeth but didn't know it. Infection can thrive around the roots of the teeth without pain. Hidden infection like Human had can create havoc by blocking meridian flow so cells in other areas of the body struggle to function. We knew when a sluggish colon stemmed from a blocked meridian in the jaw but Human didn't.

Let's visit a tooth. Time to miniaturize again and flow in with the blood that is entering through the root of the tooth. There's a rich flow of nutrients in here. This blood vessel brings us into a canal to deliver these goodies to cells in the pulp and then into the dentin of each tooth. See how porous the dentin is. A tooth may look solid but there are three or more miles ... that's right miles ... of miniscule tubes running through here. That's not easy to imagine. With that hard enamel covering, Human forgets what a beehive of activity it is in here.



www.nlm.nih.gov/medlineplus/ency/imagepages/1121.htm

When Human's gut and liver were in bad shape, the blood cells weren't able to deliver the minerals we cells needed. Blood cells then started removing precious minerals stored in tooth enamel to make up for shortages elsewhere. That meant tooth cells couldn't do their job well. Bacteria multiplied silently and steadily to further weaken the teeth. Decay set in.

I'll put in a plug for chewing. Chewing stimulates meridian flow and also helps pump wastes out of here. We rely on Human having a good chew ... stimulates the flow of lymph out through the roots too. Let's squirt out of here with the lymph and have a look from a larger perspective.

When Human had mercury amalgam fillings, it was an electrical nightmare! The action of saliva on the metals interfered with our delicate meridian transmissions. With the flow of energy choked, cells downline started to limp, setting the stage for disease. We watched helplessly as mercury ions leached from Human's teeth and were deposited in the brain, heart, spleen ... in the nerves and in the glands. Mercury ions also shut down enzyme systems. As Human's mouth filled with metal, it was impossible for the immune system to function efficiently.

The research of Weston Price proved that refined food diets create narrower jaws with crowded, crooked teeth for the next generation. The result is not only dental problems but health problems as well.

*Nutrition and Physical Degeneration,
Weston A. Price, D.D.S.*

Things got worse. Human had a root canal to deaden a tooth. The problem stemmed from the load of bacteria left in there after Human's root canal. The bacteria silently multiplied. Let's crawl into the gum along one of Human's teeth. See how the tooth is resting in a hammock—a lining or membrane in the gums that keeps the tooth attached to the jawbone. When a tooth was deadened, this lining wasn't cleaned. It was teeming with toxic bacteria. It wasn't possible to sterilize all the microscopic tubes in the roots either. Without oxygen, the trapped bacteria turned toxic and multiplied exponentially! Human was still oblivious as the effect was still invisible. It was only when Human's large intestines

MERIDIAN PAIN RELIEF

A veteran who lost his lower legs to a land mine suffered so much pain in his missing feet that he was losing his will to live.

"This may sound crazy to you, but I believe I can hold some points in midair where your feet were and help you," said Donna Eden. She was referring to points on his meridians. "At first it was painful for him to have me touch the area of his absent right foot."

When he left her office, he left without pain. Depression and fear were also alleviated.

*Energy Medicine,
Donna Eden*

remained sluggish and spastic no matter all the good food we were given, that Human looked further. Since the main meridian connected to Human's large intestine ran through the dead tooth, Human's bowel was affected.

The problem could have been worse. If the bacteria trapped in the lining kept multiplying, they chew holes or hidden cavitations in the jaw. The cavitations teem with bacteria that silently interfere with meridian flow and constantly challenge the immune system cells. Debilitating fatigue and other symptoms stem from this hidden infection. Our Human was fortunate, the damage didn't progress that far.

Thankfully Human found help. Human had the mercury fillings replaced, the deadened tooth removed, and the infection cleaned out. What a relief! The subtle energy flow picked up in all Human's meridians. Human also used a program to pull out the stored mercury. We put our hearts into using the nutrients to remove heavy metals from the brain, nervous system, glands, spleen, sinus cavities ... and to escort those nasty metals out through the kidneys and colon so they wouldn't sneak back in and use Human's organs as storage depots again.

When the meridian was able to allow energy to flow freely again, it was a great relief for Human to be able to expel well-formed feces on a regular basis. Relief for a lot of us!

Human's meridian system is an early warning system to let us know what is needing

HIDDEN INFECTIONS

Infections around the root of teeth and into the jaw do not necessarily cause pain so can go undetected for years. "Hidden infection in teeth roots, for example can block acupuncture energy meridians to any organ, mimicking the most baffling diseases ...

"You are constantly fighting infections every moment of your existence. Cracks in our teeth, root canals, areas around fillings all harbor bacteria intent upon not only destroying enamel, but gaining access to the blood stream, heart, prostate, or anywhere."

Dr. Rogers continues: "But mark my words, hidden heavy metal poisoning and hidden infection in the teeth with no oral symptoms have been a major hindrance to ever getting well in far too many folks struggling toward wellness. ...

"Often the silent infection smolders for years without telltale tooth pain, just *distortion in function of organs that are in the pathways in line with that particular tooth.* ...

"You see, the body has arteries, veins, lymphatics and nerves. And it has an unseen but proven additional circuitry, the *acupuncture meridians*. They can be thought of as an electrical system that ties the whole body together."

Total Wellness,
Sherry Rogers, MD,
March 2000 and May 2000

attention. We're aware of it and our Human is learning to pay attention to early warning signs too.

We know how important it is to feel relaxed rather than anxious. Let's move on to explore Human's nervous system—wiry-looking cells that send electrical signals to let the rest of us know what is going on and whether we are creating feelings of stress or relaxation. And we'll travel with some of our team to see how Human's inner orchestra depends on key chemical messengers as well.

IMPORTANCE OF THE BITE

After 12 years of deteriorating health, including pain, as a result of Multiple Sclerosis (MS), Judy was confined to a wheel chair. After working with Dietrich Klinghardt, a holistic medical doctor, for 1½ years to clear mercury and infection from her body and to resolve emotional issues, she regained the ability to walk. She needed a cane to help maintain her balance. Her walk, however, was slow and unsteady with one leg dragging. Her speech was still somewhat slurred as well. Her quality of life, however, had been greatly improved.

Dr. Klinghardt referred her to a dentist, Dr. K. Paulos, to see if she had teeth and jaw issues that might be involved. Dr. Paulos discovered that Judy had five teeth that were dead with some cavitation in the jaw bone associated with each of the teeth. A cavitation is a toxin-filled hollow in the jaw bone. When Dr. Paulos worked on cleaning a cavitation in the underlying jaw bone after extracting a tooth, Judy's weak leg shook steadily until the work was complete. The shaking of her leg was evidence of the electrical connection between the specific area in her jaw and her leg.

After the extractions and cleaning of the cavitations, both her walk and speech improved. A particularly significant improvement waited, however, until Judy had her bite corrected. When a specially-fitted overlay was placed on her lower teeth to correct Judy's bite—to allow upper and lower teeth to connect properly—what seemed a miracle happened. Judy walked normally. With the bite correction in place, Judy not only walked, she ran up and down stairs ... without holding onto a railing. She could stand on her tip toes and keep her balance. Her speech was normal as well. Just over a year later, Judy and her husband became the parents of a healthy baby boy.

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