

A Guide For Ways to Use Ionic~Colloidal Silver

For household use, tap water can be used to make Ionic~Colloidal Silver. Distilled water should be used for internal and personal use.

Internal Use

For faster absorption use a dropper to squirt into the nose or spray with an atomizer. For eye drops, a small dropper bottle is handy.

Holding the silver solution under the tongue before swallowing also allows for faster absorption.

Topical Uses for Personal Care

- Wipe hearing aids and eyeglass frames.
- Add to foot baths.

Bathroom

- Sterilize tooth brushes.
- Soak/spray combs, brushes and loofas.
- Spray bath and shower mats.
- Spray on cosmetics.



Kitchen

- Rinse or spray vegetables, fruits, grains and meats before storing.
- When canning, add ½ teaspoon (2.5 ml) per quart (1 litre).
- Spray or rinse sprouts.
- Spray storage area, interior of refrigerator, lunch kits, garbage containers.
- Spray cutting boards, sponges and dish cloths.
- Add to dishwasher.



Household Cleaning

- Add to cleaning solutions.
- Wipe telephone mouthpieces and head phones.
- Spray furnace and air conditioning filters after cleaning.
- Wipe air ducts and vents.
- Rinse toilet seats and bowls, sinks, tiling and doorknobs.
- Spray carpets, drapes, mattresses, furniture and window sills.

First-aid

- Spray on band-aids.
- Spray on razor cuts.
- Spray on minor cuts as needed.
- Use for gargling to ease throat.

Pets

- Use in bath water.
- Feed directly by dropper, place in dish, or add to water dish.

Clothes

- Spray in shoes.
- Mist clothes before storing.
- Spray in gloves.
- Spray watch bands.
- Add to rinse water of laundry—especially for diapers.

Plants

- Water and spray plants.